

The SEStran region in numbers

About our region

SEStran comprises eight local authorities: City of Edinburgh, Clackmannanshire, East Lothian, Falkirk, Fife, Midlothian, Scottish Borders and West Lothian. Our region is characterised by a rich tapestry of urban centres and rural communities and almost a third of Scotland's entire population lives here.

This complex environment brings many challenges, where the accessibility and availability of transport options is not equitable for all areas and demographics who live work and travel in the region. However, this also provides many opportunities for improvement – to boost the numbers of people choosing active travel over jumping in the car, and to increase the availability of sustainable travel options to allow people more choice when deciding when and how to travel.

738,714
households



Population
1,619,460



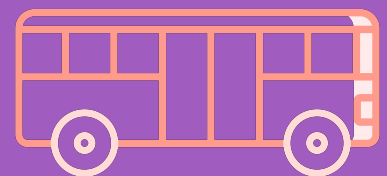
870,000+
cars

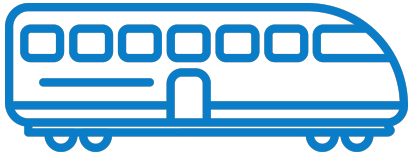
11,672 kms of road

12,623 million vehicle kms

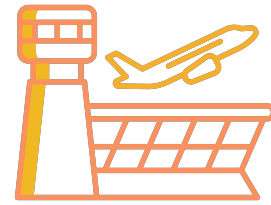


135 million passengers
on local buses



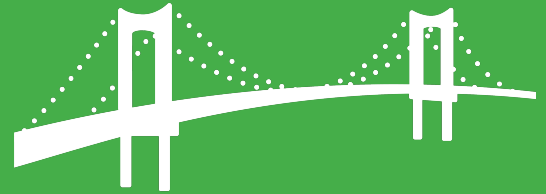


63 train stations



1 international airport

5 bridges across the River Forth



Average journey distance:

3.3 km for disabled people

4.4 km for non-disabled people

19% of population 65+ with future significant growth in elderly population anticipated



23% of the population have a limiting long-term physical or mental health condition

Information used in this fact sheet has been referenced from:

- National Records of Scotland: Mid-year population estimates 2023
- National Records of Scotland: Households and dwellings in Scotland 2023
- Scottish Transport Statistics 2023
- Scottish Household Survey
- Disability and Transport 2023, Transport Scotland